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### **The Working Group for Older People**

This Working Group aims to promote the health, wellbeing and quality of life of older people within this NP3 area.

### **Pick Me Up Activities**

These are linked to dial-a-ride and focus on those older people who have mobility problems, are housebound or have difficulty using public transport.

The next 'Pick Me Up Activity' is to **TYNTESFIELD HOUSE and GARDENS on TUESDAY, MAY 7th, 2013.**

The cost for the trip is £20 for non National Trust members and £8.80 for National Trust members.

Those who would like to come on the trip are asked to contact Gay Huggins, Tel. 9685813 by 12th April for an application form.

It would help us to reach those people who would benefit from this trip if you could both disseminate posters and leaflets and encourage them to apply - thanks!

### **'North Bristol Festival of Age' - in Henleaze, Stoke Bishop and Westbury-on-Trym.**

The WGOP is planning to be part of Bristol City Council's

Celebrating Age Festival 2013 which is held during the last week June + first week in July.

NP3 are planning to put on an all day event for all people over 60 years to Celebrate Age in this area on:

**Monday, July 1<sup>st</sup> 10.00 - 4.00pm**

to be held at **The Bradbury Hall (Trinity URC Church), Waterford Road, Henleaze BS9 4BT.**

The event will be opened by The Mayor George Ferguson.  
There will be many different stalls, activities and taster sessions and also a 'Trickster show'.  
The WGOP would very much appreciate assistance from the N.P. reps in helping to promote the event in any way they can particularly to encourage older people in their wards to come along and join in on the day.

**Information on activities taking place in Henleaze, Stoke Bishop and Westbury-on-Trym**

We are in the process of compiling a database of activities taking place in the 3 wards and would appreciate any contributions you may have towards getting this completed.

Sue Boyd  
Chairman, Working Group for Older People.  
12.2.13